

Spring Break Youth Sailing Camp

March 30 — April 3, 2015

BURTON CHACE PARK

13640 Mindanao Way, Marina del Rey, CA 90292



Los Angeles County Lifeguards will be instructing a 5-day course on **Beginning Sailing** and **Advanced Sailing**.

Beginning Sailing: Beginning sailing instruction includes basic knowledge and terms, boat maintenance and rigging, knot tying, tacking, docking and introduction to ocean sailing. Students will be learning to sail on 14-foot Capri sailboats (with main sail and jib).

Advanced Sailing: Advanced sailing curriculum includes experience in 20-24 foot vessels, progressing to Lasers. To register for Advanced Sailing, participants must have taken 2 sessions of our Beginning Sailing classes, and have the approval of the sailing instructor.

Ages: 11-17 years old

Group Size: 6-12 students with 2 Lifeguard instructors

Swim Requirement: 100-yard pool swim test, completed in 2 minutes 20 seconds or less

Times: 11:00 a.m. — 4:00 p.m. (no after school sessions)

Fee: \$200

Students should wear comfortable clothes and tennis shoes to class, and bring their swimsuit, towels, warmer clothing and their own snacks or lunch. In the event that any of the days of sailing camp must be cancelled due to inclement weather or unsafe water conditions, notification will be made as soon as possible and a refund prorated by day will be issued.

If you are interested in this Sailing Camp, please email your contact information to cms@bh.lacounty.gov to be notified about how to register.

